

**Charity Number-1170539**

**August/September 2017**

The Britwell Youth & Community Project (BYCP) has had a busy and exciting few months!!! From softball, to dancing, cooking and much more!!!

### Healthy Eating

June was the beginning of a busy month which started off with a couple of sessions from Berkshire Youth's Fit 4 YOUth program. The program is committed to working to inspire children, aged 7 - 16 years, and their families to lead healthier lives by improving their diet and their personal hygiene to better prepare themselves for education. With smoothies and jacket potatoes with coleslaw on the menu, young people got stuck in there by learning the tricks of the trade. From chopping, dicing, blending and baking both the staff and young people enjoyed the delicious and healthy menus for the day.



### Summertime Sessions

With schools winding down in July, BYCP was gearing up for the start of its summer Holiday Club. The summer fun kicked off on July 31<sup>st</sup> till August 25<sup>th</sup>, Mondays-Fridays from 11am-3pm in addition to the regular evening sessions. Young people enjoyed an array of activities including football, trampolining, games, arts and crafts and let's not



forget the attempt of some to make slime, which turned out to be a recipe for disaster! In partnership with Active Slough, young people had the chance to experience weekly dance sessions. After a lengthy hiatus, the dance sessions were so well received by both the young people and staff, that everyone is wondering when they can expect the sessions again, so plans are being made to re-start them again soon. Also, in partnership with Active Slough, weekly softball sessions were held at the local Monksfield Recreation centre. Young people were given the opportunity to try out a different sport American style! Although quite similar to rounders, coaches from Baseball UK coached the sessions and were able to teach the young people the difference between the two sports as well as some different techniques.

### Past Events

1. June saw PGL-Swindon participants host their family and loved ones in an award ceremony held at the BYCP. Staff presented the participants with the Level Three- Leadership Skills certificates and recognized them for all of their hard work and dedication to the program for acquiring a new set of qualifications. Job well done to all of the participants!



2. In June, professional violinist Peter Levics joined the young people in the recording studio here at the BYCP and helped them enter the Brighter Berkshire Young People's Competition. Even though they didn't win, the young people had the opportunity to record vocals and instruments live with his guidance and expertise. Currently they are working on filming a video 'Imagine a World' to help tackle the issues surrounding young people affected by mental health which is due to be released soon. Can't wait to see it!!

3. In July, our awesome and dedicated volunteer Angela McGrath worked tirelessly to organize a bake sale for the victims of Grenfell Tower Fire. Her baking skills and hard work paid off as she was raised over £55 to donate to the cause. We are so proud of your excellent work Angela!

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### Upcoming Events in 2017

1. **October** - Half term holiday club will be held on Monday 23<sup>rd</sup>-Friday 27<sup>th</sup> from 11am-3pm. (Evening Sessions will run as per normal).
2. **October** - On Tuesday October 31<sup>st</sup> there will be something spooky going on with at our Halloween celebrations.
3. **November** - PGL-Swindon to take place again for another group of young people to gain new qualifications.
4. **December** - The club will be closed for the Christmas Holidays from Monday December 18<sup>th</sup> and will reopen on Tuesday January 2<sup>nd</sup> 2018. (Last session of 2017 will be on Friday December 15<sup>th</sup>)

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Thank you to all of the parents/carers, residents of Britwell and supporters for your continuous support. We hope that you have enjoyed reading about our work and feel free to forward this newsletter to anyone who you may think would like to read about us here at the BYCP or may be able to help us in the future.



**Talented young artist/photographer – Abbie Booth (Youth Club Member)**

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